

1. WALK TO THE LEFT AROUND CORNER OF THE ARENA
 2. JOG
 3. EXTEND JOG ALONG SIDE OF ARENA AND AROUND THE CORNER TO CENTER.
 4. STOP, SIDE PASS TO RIGHT.
 5. 360 DEGREE PIVOT EITHER WAY FIRST
 6. WALK
 7. JOG
 8. POSTING-TROT
 9. CHANGE DIRECTION (X)
 10. JOG
 11. STOP AND BACK
- WALK
 - - - JOG
 - - - - - EXTEND JOG

